

## OUR MISSION

Provide quality, compassionate, and culturally sensitive programs and services for Asian populations in Greater Cincinnati through awareness, collaboration, and advocacy.

## OUR GOALS

### Awareness:

To recognize and embrace the similarities and differences of our diverse cultures, religions, and languages through dialogue and networking

### Collaboration:

To reach out and partner with others to achieve common goals that will mutually benefit the community

### Advocacy:

To champion our visions through personal conviction, capabilities, commitment, and strength

## OUR PURPOSE

To work collaboratively with various Asian community leaders and social service agencies to develop programs and services that are targeted to a population that differs in language, economic background, cultural, and religious beliefs.

## OUR VISION

- To identify issues that are unique to Asian Americans and to find solutions that will greatly enhance individual's quality of life, social well-being, and sustainability.
- To serve as a bridge between the social and health care services, and the various Asian communities.
- To advocate for Asian Americans in Greater Cincinnati and provide a harmonized voice for a growing vital ethnic group.

## OUR ORGANIZATIONAL FOCUS

2012-2016

ACA is committed to identifying gaps, facilitating dialogue, and providing programs and services to ensure that Asian communities build capacity. For 2012 – 2016, our programs and services will focus in the following areas:

- Domestic Violence/Healthy Family Relationships
- Wellness
- Aging and Caregiving
- Refugees
- Healthcare Navigator (access to The Affordable Care Act)
- Leadership Program for Youth
- Scholarship Program
- Community Engagement

ACA, Inc. is grateful to its dedicated board, community partners, and colleague organizations, all of whom have set the standard for commitment and excellence. The donors, partners, volunteers, independent contractors, and most importantly, the communities served by ACA, Inc. continue to inspire the organization to meet the highest standards of excellence in all its endeavors.

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# ASIAN COMMUNITY ALLIANCE, INC.

Creating & Coordinating Resources  
for  
Asian Communities



Through

AWARENESS

COLLABORATION

ADVOCACY

**OUR ACCOMPLISHMENTS**

**Community Resource Guide (2007):** outlines all human services such as health, legal, housing, social service organizations and more.

**Free Hepatitis B Screenings (April 2008, August 2009 & April 2011):** 150+ Asians have been tested. Further, ACAs partnership with Ohio Gastroenterology and Liver Institute allowed the review of results and follow up treatment, where necessary.

**The 4th Ohio Asian American Health Conference (May 2009):** With 200+ participants, the event covered topics such as diabetes, oral health, alternative medicine, tobacco and substance abuse, HIV/AIDS, domestic violence, cardiology, mental health, and aging. Free health screenings and cardiovascular consultations sponsored by Cincinnati Korean American Doctors Association were available.

**The Asian Health Symposia (April 2008 and April 2010):** The events focused on Cardiovascular and Hepatitis B. They were sponsored by the Ohio Commission on Minority Health, Cincinnati Korean American Doctors Association, Christ Hospital, and Cincinnati Museum Center. Free Health Screenings, and health brochures developed by ACA and translated into Japanese, Chinese and Korean were distributed.

**Ohio Asian American Needs Assessment (Sept 2009-March 2010):** A survey developed to identify barriers to health prevention and treatment among Asian populations in Greater Cincinnati. The analysis from 472 surveys provided socio-cultural unique background information for service agencies directly working with Asian American populations.

**OUR ACCOMPLISHMENTS**

**Asian Forum on Caregivers & Emergency Preparedness (April 2009):** The Caregivers workshop heard the experiences of caregivers, and their challenges. The Emergency Preparedness workshop shared the importance of being prepared, and emergency kit information. Two focus groups for Korean & Vietnamese were held in June 2009 to gather information on needs, barriers, and concerns as well as to assess their current knowledge on preparedness.

**Health & Wellness Program (Nov 2009 - 2010):** Health Rhythm Drum Circle sessions provided to Asian seniors. This music therapy program helped seniors to reduce stress and eliminated loneliness. Seven sessions brought 220+ seniors and their caregivers together.

**Asian Summit (2007, 2008, 2010, 2012):** Asian populations come together to network, discuss issues, and find solutions to improve the quality of their lives. Topics addressed include racism/racial profiling, immigration, intergenerational dialogue, aging and caregiving, domestic violence, bullying, and small business needs.

**Census Project (Jan 2010 - July 2010):** A regional member of the Cincinnati Census Complete Count Committee, ACA held 16+ focus meetings to educate and engage Cincinnati's Asians to fully participate in the Census 2010. Census information was translated in 4 languages: Vietnamese, Korean, Japanese and Chinese. Over 900+ individuals were reached during this project.

**Asian Advocacy Forum (June 2010):** Advocacy Forums brought Asian leaders and local government officers together for the day. Community concerns on health, arts, culture and education, economic development, and

**OUR ACCOMPLISHMENTS**

**Project HOPE (Helping Our People through Empowerment (2011 & 2012):** Project HOPE was set up to bring awareness on Domestic Violence. Focus groups were held in the Indian, Chinese, Japanese, and Vietnamese communities, many in their own native languages. A HOPE Helpline was set up to connect victims to community resources. Brochures in 7 Asian languages were also developed - Chinese, Japanese, Vietnamese, Korean, Punjabi, Hindi, and Cambodian).

**SPOTLIGHT ON 2014-2015**

**Wellness Aging Caregiving**

To raise awareness on caring of aging parents, the challenges of the caregiver, and the dimensions of wellness in aging

**Health Navigator**

Providing information, assistance, and enrollment with The Affordable Care Act

**Wellness**

Monthly Indian Senior Lunch and Learn Program, to be expanded to other communities, and an event celebrating Women's Health

**Refugees**

Building capabilities of Bhutanese Refugees, setting up computer training classes, and developing a free clinic program

**Leadership**

Presenting leadership forums to Asian high school students to equip them with confidence, independence, and practical skills

**Dorothy O'Brien Scholarship**

Establishing a scholarship program for graduating Asian high school seniors

**Community Engagement**

Conduct a Needs Assessment to give voice to issues affecting Asian American communities